

Body Treatments

Full Body Massage 60 mins €125

This full body massage is tailored to suit your needs using our nourishing massage oil with aromatic scents of lavender & geranium. Excellent for relaxation and to ease tension and stress.

Back, Neck & Shoulders 45 mins €90

Our Swedish massage uses traditional deep massaging techniques to ease and alleviate tension and stress.

Back, Neck & Shoulders with Indian Head or Facial 60 mins €125

Our Swedish massage uses traditional deep massaging techniques to ease and alleviate tension and stress. Add an Indian head massage or facial, for even more relaxation.

Warm Pebbles of Enniscrone 75 mins €145

Heated smooth lava stones are massaged over your full body using VOYA organic seaweed essential oils, followed by a calming and energising pressure point face and head massage.



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Deep Recovery Massage

60 mins €135

A deep rhythmic pressure massage that alleviates stress, eases aching muscles and revives the senses. Your skin is energised by a deep infusion of VOYA organic seaweed oil prescribed to target individual needs and reduce stress and muscle tension.

Spring Tide Face & Body

75 mins €150

Experience VOYA's balancing ritual, crafted to harmonise your inner and outer self. Aromatherapy oils ease stress with a soothing back massage, while a foot reflex massage grounds you in the present moment. Gentle stomach massage promotes digestion. Hydrating skin treatment and a calming scalp massage complete your journey to stillness and calm. Ideal for life changes and stress relief.

Swedish Massage with Hot Stones

75 mins €145

Our Swedish massage with hot stones uses traditional deep massaging techniques with heated basalt stones, to provide energy, heat, and relaxation to tired aching muscles to ease and alleviate tension and stress.

Indian Head Massage

45 mins €95

An ancient practice incorporating acupressure points and massage of the upper back, shoulders, neck, head and face. Excellent for the treatment of migraines,



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Reflexology

50 mins €100

By sensitively applying pressure to various points of the feet, the whole body is comforted and relaxed, encouraging the body's own healing and circulation, including lymph drainage and release of toxins.

Voya Foot Ritual

45 mins €70

A sea salt exfoliation from the knees down, a deeply relaxing massage of the lower legs after which your legs are wrapped in warmed Atlantic seaweed leaves to detoxify, increase circulation and nourish tired feet and legs. To complete this treatment nourishing Softly Does It moisturiser is applied.

BTL Lymphastim

60 mins €100

Lymphastim, is a non-invasive treatment that enhances lymphatic drainage and boosts circulation effectively. This therapy accelerates natural healing, aids weight loss, detoxifies, and sculpts the body. It also reduces inflammation, enhances skin tone, and helps prevent varicose veins. Ideal for relieving 'heavy legs' syndrome, Lymphastim promotes overall wellness and beauty with versatile benefits.

BTL Lymphastim operates on the pneumatic presso- therapy principle. It uses special applicator sleeves with multiple overlapping chambers to provide a gentle massage. This massage supports the natural movement of lymph throughout the body, effectively aiding lymphatic drainage and circulation improvement.

