

# EARLY BIRD MENU

Available Sunday to Friday 18.00pm–18.45pm  
2 Courses 21.00 or 3 Courses 27.00

## STARTERS

Soup of the Evening **(V, GF)**

Homemade Brown Bread

Smoked Chicken Caesar Salad

Croutons, Gubbeen Chorizo, Parmesan Shavings

Baked Galway Goats Cheese &

Red Onion Tartlet

Salted Carmel Pecan Nuts, Roast Red Pepper Coulis

Warm Connemara Smoked Salmon Salad **(GF)**

Baby Capers, Saffron, Chive Aioli

Ice House Atlantic Seafood Chowder **(GF)**

Homemade Brown Bread

## MAIN COURSES

Sirloin Steak of Hereford Beef **(GF)**

(€ 10 Supplement)

Sauté Mushrooms & Onions, Skinny Chips

Heffernan's Beef Burger

Dozio's Black Pepper Cheese Glaze, Skinny Fries,

Dijon Mayonaise

Duo of Chicken Chasseur

Braised Thigh & Baked Chicken Supreme

Coconut & Coriander Green Curry **(V)**

(Vegetarian or Chicken) Poached Green

Vegetables, Cumin Pilau Rice, Naan Bread

Herb Crumbed Cod Supreme

Pea Purée, Beetroot Salsa

Pan Fried Hake or Salmon

Roast Pepper, Asparagus, Courgette &

Parmesan Risotto, Basil Oil

## DESSERTS

Baked Ricotta Citrus & Vanilla Cheesecake

Mango & Pineapple Compote

Almond, Walnut & Orange Chocolate

Brownie **(N)**

Rum & Raisin Ice-Cream

Enniscoe Rhubarb & Strawberry Fool **(GF)**

Strawberry, Rhubarb, Ginger & Star Anise,

Chantilly Cream

Selection of Ice-Creams or Sorbets **(N)**

Mini Meringues